|  |  |
| --- | --- |
| Name: smt.bhavana | Reg No: 7-7smmhc18 |
| Age / Sex:24/f | Contact No:9900873849 |
| Marital Status:single | Date:14/7/18 |
| Occupation:se. – btech eee | Dr. |
| Address:  Native of proddutur . | DIAGNOSIS- |

1. Irregular periods since 2010.

Menarche : 2007.

Had acne problem took allopathy medicine frm which the irregularity started. Keeps 45 – 3 months.

1. Hairfall frm fr 2010

Family h/o of hairfall after menarche.

1. Weight gain from 2-3 yrs. Within 1 yr more than 8 kgs .

Lmp: spotting but no bleeding .

Family h/o:

* Dad: 52 yrs – htn, piles
* Mom 45 : oophorectomy due to dub.
* Pgm: pancreas failure and died at the age of 73.

Past h/o:

* 2014 fod poisoning.

Never had any fevers also.

* Had low bp wen came to blore

Personal h/o:

Veg/ egg. Regular , app good.

Aversions: loki, beerakaya, gummadikaya.

Desires: lady finger, mushrooms, keerakaya. Mango, fruits

Thirst: 1-1.5 lt /day. Not muh thirsty. If at pg or home will drink more. Coz of ac wont feel and drink more also as she may have to go to bathroom more.

Bowels: normal

Urine: normal

Sweat: normal. More on foerhead n underarms in summer.

Sleep : more than 8 hrs.

Dreams:ns

Mental generals: angry very fast. If any work is not done on time feels tensed and gets angry.

Rx:

1. Zincum met 200 – 4-4-4-4
2. Rub 30 1-0-1 b/food.
3. Pll- 3-0-3 2 dram.
4. Sulphur 1m – 1 dose.